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"The Subtle Art Of Not Giving a F*ck Summary" Manson begins "The Subtle Art of Not Giving a F*ck" book with the story of a man who for most of his life was a complete failure. Society labeled him a loser.

The Subtle Art Of Not Giving a F*ck Summary - blog.12min.com

CHAPTER 1 Don't Try Charles Bukowski was an alcoholic, a womanizer, a chronic gambler, a lout, a cheapskate, a deadbeat, and on his worst days, a poet. He's probably the last person on earth you would ever look to for life advice or expect to see in any sort of self-help book.

A Counterintuitive Approach to Livin a Good Life

There are only so many things people can care about so they need to figure out which ones really matter, Manson makes clear. While money is nice, caring about what listeners do with their life is better, because

true wealth is about experience. A much needed moment of real talk, filled with entertaining stories and profane, ruthless humor, this is a refreshing slap for a generation to help ...

The Subtle Art of not Giving A F*ck | A little about Me

The Subtle Art of Not Giving a F*ck by Mark Manson is a guide on how to let go a little bit and enjoy life more. To realise that we will suffer in life, not everything is always great, and this book will show you how to suffer better, more meaningfully and with more compassion.

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A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, The Subtle Art of Not Giving a F**k is a refreshing slap for a generation to help them lead contented, grounded lives.

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